

# BIBLE INDEX FOR FASTING

## Old Testament

Gen 24:33	Abraham's servant seeking a bride for Isaac.
Exo 34:28	Moses' first period of forty days on Sinai.
Lev 16:29,31	On the day of atonement.
Lev 23:27,32	On the day of atonement.
Num 6:3-4	The law of the Nazarite.
Num 29:7	On the day of atonement.
Deut 9:9,18	Moses' second period of forty days on Sinai.
Jud 20:26	By Israel after their defeat by Benjamin.
1 Sam 1:7-8	Hannah's prayer for a child.
1 Sam 7:6	At Mizpah under Samuel.
1 Sam 14:24-30	Jonathan grieved at the hatred of David.
1 Sam 28:20	Saul before his death in battle.
1 Sam 30:11-12	Egyptian servant David found in the field.
1 Sam 31:13	By those that buried Saul and his sons.
2 Sam 1:12	David and his men at the news of Saul's death.
2 Sam 3:35	By David at Abner's death.
2 Sam 11:11	Uriah's self-discipline in times of battle.
2 Sam 12:16-23	By David for the child of Bathsheba.
1 Kin 13:8-24	The prophet who cried against the altar at Bethel.
1 Kin 17:14-16	Elijah's restricted diet at Cherith and Zarephath.
1 Kin 19:8	By Elijah on his journey to Horeb.
1 Kin 21:4-5	By Ahab after Naboth's refusal.
1 Kin 21:9,12	Naboth was set on high at Jezebel's instigation.
1 Kin 21:27	By Ahab in self humiliation.
1 Chr 10:12	By those who buried Saul and his sons.
2 Chr 20:3	Proclaimed by Jehosaphat before battle.
Ezra 8:21-23	Proclaimed by Ezra at the river Ahava.
Ezra 9:5	Ezra mourns for the faithlessness of the exiles.
Ezra 10:6	Ezra mourns for the faithlessness of the exiles.
Neh 1:4	By Nehemiah for the restoration of Jerusalem.
Neh 9:1	By people of Jerusalem confessing their sins.
Est 4:3	By the Jews following Haman's decree.
Est 4:16	Called by Esther before her audience with the King.
Est 9:31	In connection with the feast of Purim.
Job 33:19-20	As a result of pain or sickness.
Psa 35:13	David on behalf of others who were sick.
Psa 42:3	When the Psalmist tears became his food.
Psa 69:10	The cause of David being reproached.
Psa 102:4	The Psalmist forgets food in his affliction.
Psa 107:17-18	As a result of sickness.
Psa 109:24	The cause of David's physical weakness.
Isa 58	The kind of fast that is pleasing to God.
Jer 14:12	That which is unacceptable to God.
Jer 36:6,9	Baruch reading Jeremiah's scroll (a fast day).

Dan 1:12-16  
Dan 6:18  
Dan 9:3  
Joel 1:14  
Joel 2:12  
Joel 2:15  
Jonah 3:5-9  
Zech 7:3-5  
Zech 8:19

Daniel and his companions refuse the King's..  
Darius and Daniel were in the lion's den.  
Daniel praying for Jerusalem.  
In view of the day of the Lord.  
When returning to God with all their hearts.  
Proclaimed by blowing the trumpet in Zion.  
Proclaimed by the people and king of Nineveh.  
With mourning in the fifth and seventh months.  
Kept in the fourth, fifth, seventh and tenth months.

## New Testament

Mat 4:3  
Mat 6:16-18  
Mat 9:14-15  
Mat 9:15  
Mat 11:18  
Mat 15:32  
Mat 17:21  
Mark 2:18  
Mark 2:19,20  
Mark 8:3  
Mark 9:29  
Luk 2:37  
Luk 4:2  
Luk 5:33  
Luk 5:34-35  
Luk 7:33  
Luk 18:12  
Act 9:9  
Act 13:2-3  
Act 14:23  
Act 23:12-21  
Act 27:9  
Act 27:21,33  
Rom 14:21  
1 Cor 7:7  
1 Cor 8:13  
2 Cor 6:5  
2 Cor 11:27  
1 Tim 4:3

By the Lord Jesus Christ for forty days.  
Not to be practiced as the hypocrites do.  
By John's disciples and the Pharisees.  
Disciples when the bridegroom has departed.  
John the Baptist.  
By the people prior to the feeding of the 4000  
Practiced many times -- strong demons flee.  
By John's disciples and the Pharisees.  
By the guests when the bridegroom departed.  
By the people prior to the feeding of the 4000.  
When practiced many strong demons flee.  
By Anna worshipping in the temple.  
By the Lord Jesus Christ for forty days.  
By John's disciples and the Pharisees.  
By the guests when the bridegroom departed.  
John the Baptist.  
By boasting Pharisee who fasted twice a week.  
By Saul Tarsus after his encounter with Christ.  
By prophets and teachers in Antioch.  
Prior the appointment of elders in the church.  
By some Jews under an oath to kill Paul.  
(Allusion to) the annual day of Atonement.  
By those with Saul before the shipwreck.  
Abstaining for the sake of a weaker brother.  
In the marriage relationship.  
Abstaining for the sake of a weaker brother.  
An ingredient in Apostolic ministry.  
In the list of Paul's sufferings.  
By false teaching commanding abstinence.